

ADULT FITNESS Classes

WHEN

Beginning 2/11
Mondays & Wednesdays
4:30pm

WHERE

Beach Haven School's
Gymnasium

Lead by • Colleen McNally, CPT, SFG II

HOW MUCH?

\$10/Class or
sign up for 8 classes,
get one free!

WHAT SHOULD I BRING?

Weights
Mat
Sneakers
Water
FUN

BENEFITING

Beach Haven
School PTA

Beach Haven
PTA[®]

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